

A N N U A L
N A R R A T I V E R E P O R T

for
P I N A L C O U N T Y

Francés C. Lempe
County Home Demonstration Agent

December 1, 1954

to

May 21, 1955

Frances C. Lempe
Pinal County
1955

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* ORGANIZATION *
* AND *
* PLANNING *

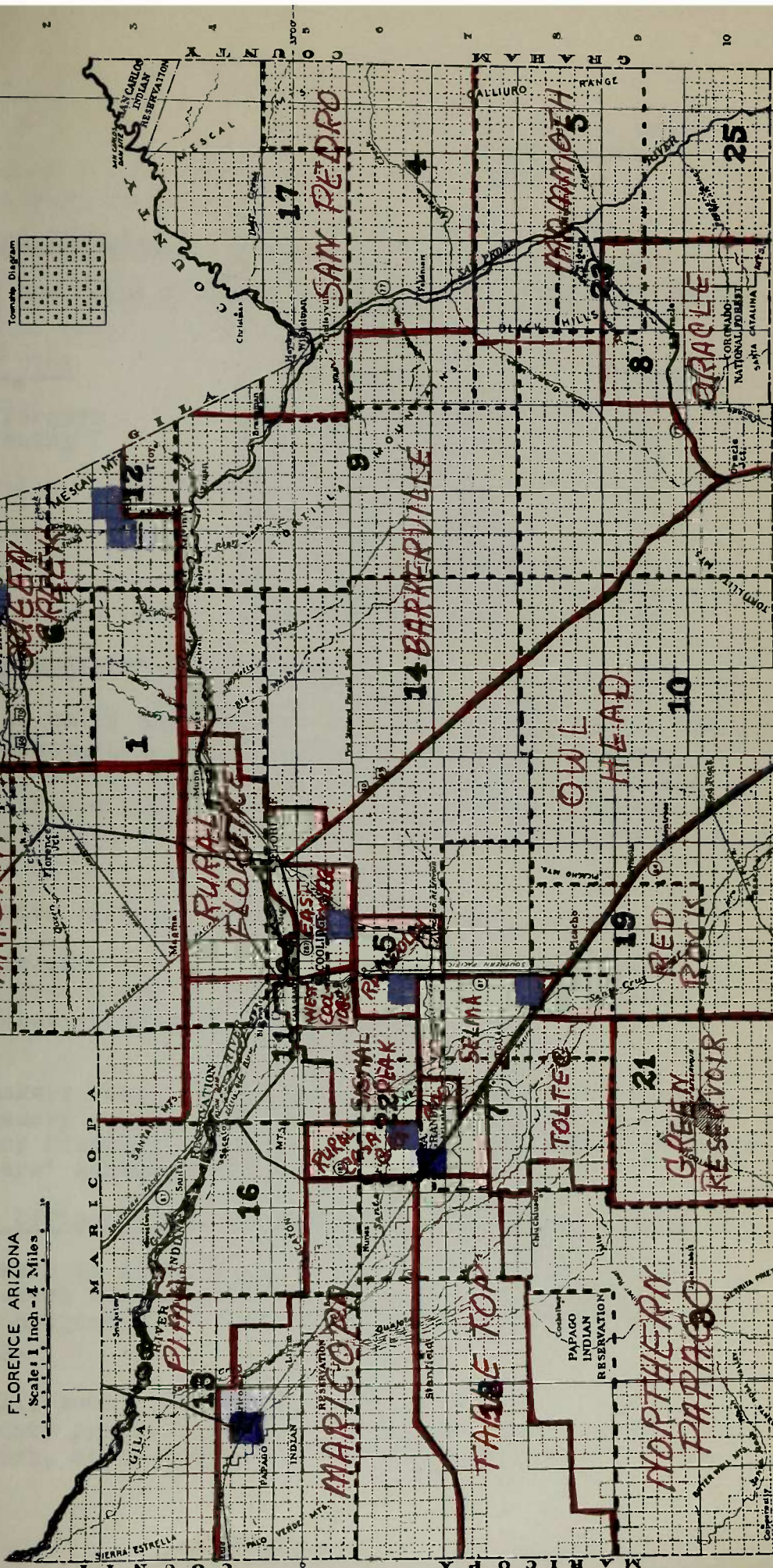
MAP OF PINAL COUNTY ARIZONA

FLORENCE ARIZONA
Scale: 1 Inch = 4 Miles

LEGEND
 Township Line
 Section Line
 Reservation Boundary
 Railroad
 Canal
 Intermittent Stream

Township Diagram

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50



NO. OF CLUBS -- 9
 LOCATION OF PINAL COUNTY HOMEMAKERS CLUBS
 TOTAL MEMBERS -- 207

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 the Pinal County
 Homemaker's Club
 Florence, Arizona

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Organization and Planning

There are now eight Homemakers Clubs in Pinal County. These are as follows:

<u>Name of Club</u>	<u>President</u>	<u>Members</u>
Casa Grande Afternoon	Mrs. Marie Wells	25
Casa Grande Evening	Mrs. Joe Powers	22
Eloy	Mrs. L.E. Kinnie	30
Kenilworth	Mrs. Weldon Jones	31
Maricopa	Mrs. Stanley Hobbs	20
Ray	Mrs. Edwin Elliott	15
Sonora	Mrs. Vera Manriquez	25
Sun Valley	Mrs. Joe Short	16
Superior	Mrs. Robert Maynard	23

Pinal County Homemakers' County Council

In order to unify the homemakers clubs of Pinal County and to have a representative group to plan a county-wide program, there is a Pinal County Homemakers' Council which is officially made up of the presidents, delegates, and executive officers. The Home Demonstration Agent and County Agent are advisory members.

The executive officers of the present council are:

President:	Mrs. Dorothy Olson, Superior
Vice President:	Mrs. Inez Wilkerson, Coolidge
Secretary-Treasurer:	Mrs. Dorothy Deifenbaugh, Casa Grande, Arizona

The Homemakers County Council meets regularly four times each year. January - Officers' Training; May - General meeting with Preliminary Planning; September - Program Planning; October - Annual Homemakers' Achievement Day.

County Council Officers' and Project Leaders Training Meeting

53 Homemakers in Pinal County attended the annual officer and project leaders training meeting in Casa Grande. There was a full day program which included several speakers and leader training.

Pat Harrell, Womens Editor of the Arizona Farmer, spoke to the group. County Agent, Ted Siek, talked on Agricultural Outlook. Miss Jean Stewart, State Home Demonstration Leader, gave a talk

on State Extension Program and presented 1954 Achievement Certificates to the clubs.

The Presidents of the clubs gave a report on their club activities. The group was then divided into discussion groups and were given leader training by the following people:

Pres. and Vice Pres.	Led by	Dorothy Olson
Sec. Treas.	" "	Jean Stewart
Reporters	" "	Mrs. Vince Taylor
Delegates	" "	Dorothy Deifenbaugh
Project Leaders	" "	Frances Lempe

The highlight of the afternoon was the talk given by Director Chas. U. Pickrell, on Rural Life in Arizona.

It is felt that this was a successful program and that the women were given a very broad view of the Extension Program in all phases, both County-wide and State-wide.

* INFORMATION *
* AND *
* PUBLICITY *

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1955

Information and Publicity

News Articles

News articles featuring special county-wide events were written throughout the year for front page publications.

In addition to special news stories, the Home Demonstration Agent has weekly column titled "Homemakers' Hints" which is published by the Casa Grande Dispatch, Eloy Enterprise, Coolidge Examiner, and Superior Sun. A sample of this column is included in the report.

The following articles have been sent to these papers:

January 10 -	Homemakers County Council Meeting International Cookery Local Club Program
January 17 -	Training Meetings on International Cookery
January 24 -	Home Management Project Training Meetings Maricopa Organized
January 31 -	February Plentifuls
February 7 -	You Can Freeze Citrus Juices Grapefruit Desserts
February 14 -	Household Linen Questions
February 21 -	Home Freezing Eggs
February 28 -	You and Your Clothes
March 7 -	Red Cross Instructors Program Home Care of the Sick
March 14 -	March Plentiful Foods Listed
March 28 -	Memory Short? List Valuables
April 4 -	4-H Fair Red Cross Instructors Course
April 11 -	Red Cross Course Springtime Housework
April 18 -	April Plenty
April 25 -	4-H Foods Cafeteria at the Fair

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May 2 -	May Plentifuls
	Pork Takes to Many Flavors
May 9 -	Add Asparagus to Spring Menu

News stories also appeared in the Arizona Farmer magazine on Pinal County Homemakers County Council meeting in January. The Womens Editor of the Arizona Farmer, spent one day in Pinal County touring the County with the Home Demonstration Agent making home visits in getting stories of various individuals throughout the County.

Radio

The Home Demonstration Agent has made a total of 76 radio broadcasts. This daily radio program is scheduled at 9:50 a.m. and is three minutes long. This program is sometimes given as a live broadcast; but for the greater part, is transcribed on a tape recorder.

In this radio broadcast, the Home Demonstration Agent has used a great variety of subjects. She used this spot to announce all current activities--either local or countywide. Also results and reports on meetings held are given. Publicity has been given to National Home Demonstration Week, National 4-H week, National Safety Week, and any other pertinent Extension work. When not announcing or reporting on activities and meetings, the Home Demonstration Agent used subject matter on all phases of Home Economics--Foods, Clothing, and Home Management.

Requests are frequent for bulletins and information that have been announced on this broadcast. Many women have notified the Home Demonstration Agent that they listen regularly to the program.

It is felt that this is a very effective medium of getting information to all women in Pinal County. It has definitely served as a means of the Home Agent getting acquainted with her women. All of the Extension Specialists, the 4-H Club State Leader, and State Home Demonstration Leader have been on this broadcast when they visit Pinal County.

Booth

The Home Agent helped in the setting up and staffing of an Extension Booth at the Coolidge Community Fair. This booth consisted of a display of 4-H club work announcing the coming Pinal County 4-H Fair. A 4-H leader was on hand at the booth during the entire 3 day period of the Fair.

Homemaker's

Hints . . .

By Frances Lempe
Home Demonstration Agent

Memory Short? List Valuables

Just how good is your memory?

If your home burned down tonight, do you think you could sit down and write out a list of everything it contained? Keeping an up-to-date inventory of your household furnishings may take a little extra time, but it is certainly worth the effort.

Inventory one room at a time. Put down in the list when each item was bought and how much it cost when you bought it. This makes settling claims a lot easier.

List the contents of chests of drawers and closets, pictures on the walls, bedding, linens, and all the other items you now take for granted. It helps to include an estimate of the present value of each object. Remember, many items that you bought before 1953 will cost more to replace than their original price.

If you or one of your family have been bitten by the "camera bug," take a picture of each room and its contents. Individual photographs of your more expensive items are very helpful in setting the value of a claim if the object is destroyed or stolen.

Finally, put the inventory, negatives, and pictures in a safe place like a fireproof safe or deposit box. This makes it so much easier to prove a loss of your property.

This clipping is one of the articles which appears weekly under the Homemakers' Hints Column in the following newspapers of Pinal County: Casa Grande Dispatch, Coolidge Examiner, Eloy Enterprise and Superior Sun.

* CLOTHING *

Clothing

You and Your Clothes

Miss Helen Church, State Clothing Specialist for the University of Arizona spent 2 days in Pinal County conducting leader training meetings on "You and Your Clothes" and 100% attendance with 2 leaders from each Homemakers club. The meetings were held at 11 Mile Corner and Ray. The object of this training meeting was to make the women better acquainted with design in clothes as suited to the individual figure and personality.

The first part of the training meeting was taken up with a discussion on grooming with each woman filling out a check sheet and rating herself on cleanliness, clothes, figure, and personality. This check proved to be a good ice breaker for a meeting such as this. It reminded them of several of the habits that they might have forgotten or should acquire.

Following this a discussion was held on good design and proportion. Charts and figures were used. After this, individual types of figures were analyzed with proper design adapted to each figure. For extra interest discussion was held on how to obtain smartness in clothes.

It has been reported by several clubs that this lesson is one of the best clothing lessons that they have had in that it pertained to all individuals. The leaders taking this training have spent a great deal of time in preparing the lessons that they were going to give back to their clubs.

* FOODS *
* AND *
* NUTRITION *

Foods and Nutrition

Practical International Cookery

The leaders training meetings for the Foods Project Leaders on "Practical International Cookery" were held with 100% attendance. 12 project leaders attended the Casa Grande Union High School Home Ec rooms and 6 leaders attended in Superior. These lessons were conducted by the Home Demonstration Agent.

The morning session of these all day meetings started with a discussion of the objectives of this International Cookery lesson. The objectives were:

- Add greater variety to daily meals.
- Gain knowledge of the food habits of people of other countries.
- Build understanding of their customs and cultures.
- Learn how to prepare foreign dishes.
- Gain greater knowledge of nutritive value of different food.

Further discussion was held on nutrition with the nutritive value of each of the dishes prepared evaluated. The Home Demonstration Agent then demonstrated the making of German Coffee Bread and Ravioli. Prepared before the meeting was a Icelandic Vineterta or cake and fillings and sauces.

Prior to the leader training the project leaders were each given the recipe of a foreign dish. These leaders brought the ingredients and prepared these dishes at the training meeting. The food prepared was then consumed by the group. Discussion was held on nutrition and pertaining to the family meals. Discussion was held as to the merits of the various meals. Check sheets were distributed to all Homemakers to determine whether or not well balanced meals were being served to their families. Reports were discussed in order to get the results of this training.

A bulletin was compiled by the Home Demonstration Agent titled, "International Cookery" which was distributed to all Homemakers and other women throughout Pinal County. This was used for the foods meetings held in January.

It is felt that there was a great deal of enthusiasm for this lesson and that it will indeed result in greater variety in daily meals with greater thought given to a well balanced diet.

Homemakers Foods Cafeteria 4-H Fair

Plans were made by the Home Demonstration Agent for the operation of the foods cafeteria at the Pinal County 4-H Fair grounds. In addition to food being served at all times, a barbecue was served the middle day of the Fair. Contacts were made with the donors of the animals, the Packing Plants and a man to barbecue the meat.

The Homemakers of Casa Grande, Eloy, Sun Valley and Maricopa and the 4-H parents of Casa Grande and Kenilworth donated food and took work shifts at the cafeteria for the 3 days of the Fair. The Home Agent spent sometime arranging for quantities of food to be donated and arranging a work schedule for these women in the various parts of the County. This was a big undertaking for the Homemakers and 4-H mothers, however, the food served, was unusually good and financially they were able to contribute a large sum to the 4-H building fund. This project on the part of the Pinal County Homemakers made them realize their obligations to the 4-H clubs. It is believed that more Homemakers will sponsor 4-H clubs in the future.

* HEALTH *

Frances C. Lempe
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Health

Red Cross Instrutors Course

The Red Cross Instructors Course sponsored by the Pinal County Extension Service and Homemakers of Pinal County was held March 14th to the 31st at 11 Mile Corner Greenhouse.

Miss Edna Venberg, Red Cross Nurse Representative, from San Francisco, conducted the training course and supervised the instructors in giving the lay course.

The 11 Mile Corner Greenhouse was set up as headquarters for this activity. Beds were moved in along with other equipment necessary for teaching the course. It was arranged that the Sun Valley Homemakers Club provide a noon meal for the women at a nominal fee. The Home Agent attempted to visit the course at least once a day and take care of any arrangements that had to be made coming up from day to day.

The following women received Certificates of Instruction and are now certified instructors in Pinal County. They took the 30 hour course of instruction:

Mrs. Hugh Deifenbaugh
Mrs. Joseph Powers
Mrs. G.T. Atkin
Mrs. C.J. McNamara

Mrs. Worth K. Bartlett
Mrs. Frank Custer
Mrs. Milton Hay

The following women completed the 14 hour lay course:

Elizabeth K. Ellis
Mrs. Beggs McWherter
Mrs. Florence R. Harding
Mrs. Kathryn Underdown
Beverly Joyce Sellers
Mrs. Claude Wells

Mrs. Nettie Key
Mrs. L.W. Simmons
Marge J. Pierce
Mrs. L.E. Schultz
Mrs. James E. Rowland

As for results of this Red Cross Instructors Course, there are many. Pinal County now has 7 certified instructors who may be called upon to give a lay course at any time. These women are also available in the case that a emergency arises and are trained to help in a Civil Defense program.

Several other women have taken the lay course and have verbally expressed their gratitude for the knowledge that they have gained in being better able to take care of the sick in their own home. The spirit and friendship acquired during this 3 weeks period cannot be expressed in words. This course definitely helped cement good relationships of women from various parts of the County. Special commendation should be

given to Miss Edna Venberg, for her very capable and friendly conducting of this course.

Mental Health Organization

The Home Agent attended a meeting on Mental Health at the Eloy Community Center. At this time a Mental Health association was organized in Pinal County with 70 adults including the Home Agent signing up for membership. Miss Nora Ryan, Child Psychologist of Phoenix, talked to this group and initiated the organization. This was a step ahead for Pinal County with an objective of getting trained personal in the schools to help with mental problems.

* 1955 PINAL COUNTY*
* 4-H FAIR *

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Pinal County
1955

1955 Pinal County 4-H Fair

Pinal County held their annual 4-H Fair at the new Fair Grounds located at 11 Mile Corner on April 28-30th.

In the Home Economics department there was a complete program of events taking part in a large 100 foot by 50 foot quonset. The back part of this building was partitioned into 3 rooms which were used for demonstration and judging rooms. On top of these rooms was an office. The rest of the building was used for the clothing, foods and Home Furnishing and other Agricultural exhibits. A beautiful job of decorating was done by the 4-H leaders as a background for these exhibits.

Exhibits:

A total of 535 Home Economics exhibits with the following ribbons awarded in each division:

	Blue	Red	White	Disq.
Clothing	123	118	78	
Foods	48	54	44	12
Home Furnishings	28	20	10	

Each member had to enter their record book, completed or up to date in order to compete in the 1955 4-H Fair. These were judged and 5 places awarded and one outstanding record book was chosen.

Demonstrations:

There was a record number of 42 demonstrations given at this year's Fair. The event kept 3 rooms going for the entire day. Judges for the demonstration events were:

Clothing: Miss Helen Church and Sally Stillman

Foods: Mrs. Elsie Morris

Home Furnishings: Miss Grace Ryan

Representatives were chosen for the Arizona State Roundup and a Medal of Honor given to the outstanding team and single demonstration of the Fair. The top demonstrators in each division gave their demonstrations to the public the following day. Ribbons awarded in this event were as follows:

	Blue	Red	White
Clothing	9	6	11
Foods	6	4	4
Home Furnishings	3		

Judging:

115 girls took part in the Home Economics judging contest.

Rings were set up in all 3 divisions of work. Judging teams were chosen for State 4-H Roundup and a Medal of Honor given to the top judge in each division. Ribbons were awarded as follows:

Blue	Red	White
45	50	20

Dress Revue:

82 girls took part in the annual dress revue which was held just prior to the livestock auction sale. A large audience of parents and friends were present. Trophies were awarded to the outstanding girl in Junior and Senior dress revue and girls were selected in each division to represent Pinal County at Roundup. 39 1st year girls modeled their aprons and mitts, they were not judged. Other ribbons awarded were:

Blue	Red	White
22	17	6

Awards Program:

Trophies or cups were awarded to high point girl in each division. A toaster and steam iron were awarded to the outstanding girl in Foods and Clothing respectively.

Awards were given to the 10 high point girls in foods and clothing and 5 high point girls in Home Furnishings.

This point system is caluated so that, regardless of the years in club work a girl may win the top trophy based on the highest possible number of entries and activities in which each year may participate.

Roundup:

The following girls were chosen to represent Pinal County at the annual 4-H Roundup at Tucson:

Dress Revue- Carmen Zepeda, Superior - Best Dress
 MaryHing, Superior - Tailored Dress
 Sandra Taylor, Eloy - Party Dress

Demonstrations:

Juhior Clothing Single - Linda Vincent, Casa Grande
 Junior Clothing Team - Sonia Stevenson, Eloy
 Margaret Glasson, Eloy
 Senior Clothing Single - Ginger Ellis, Eloy
 Junior Foods Single - Sabra Woodruff, Coolidge
 Junior Foods team - Sally Harmon, Coolidge
 - Patsy Duhammel, Coolidge

*
* FAMILY ECONOMICS *
* AND *
* HOME MANAGEMENT *
*

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Family Economics and Home Management

Laundry Aids - Follow Up

The home Management Leader Training meetings on Laundry Aids - Follow Up were held at 11 Mile Corner with 10 leaders present and at Sonora with 6 leaders present.

In the previous year the adult program of work included laundry aids with emphasis on soaps and detergents and the washing of blankets. This year the women desired to have additional work on laundry aids.

The object of these training meetings was to acquaint the women with new laundry aids on the grocers shelves. Also to learn the different types of starches, compare the results and costs, discuss powder and liquid bleaches and the effect on the life of the cloth. To give good general rules about the use of starches and bleaches in laundry work.

Another objective of this training meeting was to acquaint the women with the various features of hand irons, and the care and protection.

Miss Grace Ryan, Extension Home Management Specialist, conducted these leader training meetings. The women brought their hand irons to be tested and checked as to different features. Each woman checked her own hand iron so that she might become better acquainted with it. Protection of the sole plate was emphasized with patterns given for a "shoe." Discussion was held and literature handed out on bleaches and starches. Illustrative was shown to give examples of the results of various starches and bleaches. A kit was compiled for use by the individual clubs.

No results as yet have been compiled from this lesson, however, the women have verbally expressed their appreciation of the information given.

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4-H Club Summary December 1 to May 21, 1955

Educational training for 1954-55 4-H Home Economics Club year was done by leader training meetings in October and November, of 1954. Leader training meetings were held in these months in first year and advanced clothing and Room Improvement.

The foods work was covered for the most part with individual contacts with the leaders and members and correspondence. The leaders of Pinal County, I feel, have a very good habit of coming into the County Agent's Office with their questions and problems regarding subject matter work. This has given the Home Demonstration Agent opportunity to give individual attention in addition to home visits.

Several new leaders have been added to the list of Home Ec leaders in Pinal County. The enrollments have increased along with this. With the establishment of a new 4-H Fair Grounds, it is anticipated that the spirit and enthusiasm will continue and more girls who need help will be added to the Pinal County enrollments.

The Home Agent attempted to visit as many 4-H clubs as time allowed. The clubs in Superior and Sonora were visited and help given in that the leader find it impossible to get to leader training meetings in the valley. Of special significance is the organization of a 42 member club in the Sonora area which is exclusively made up of Spanish-Mexican people.

During the months of February and March the Home Demonstration Agent gave training on judging and demonstrations, giving individual help whenever ask. The Home Demonstration Agent feels that 4-H club work is the most satisfying work she has ever experienced. Satisfaction is largely gained from the changes one can see in the skills and personality developments of the individual girl. Satisfaction is gained from the gratitude of parents. Satisfaction is gained in the very close friendship one makes with their 4-H Leaders.